



Emergency preparedness guide

Correct behaviour in crisis situations

Population information

Be prepared for all eventualities

Dear citizens,

Fire, storms or floods – no one likes to think about such emergency situations. There is also a current debate about the possibility of a nationwide power blackout. Even if experts consider this scenario to be unlikely, it is important to deal with it at an early stage.

If an emergency occurs, two questions are crucial for you as a citizen: are you well-prepared for a crisis situation, and do you know how to act correctly now?

In this brochure, we would like to address these two aspects and explain what is involved in emergency preparedness, what precautions everyone should take at home and how authorities warn the population in emergencies.

We will also explain how to behave properly in case of danger, and where to find further information or help.

Ingolstadt is well-prepared for disasters. In the event of large-scale (or very severe) events that entail significant damage, however, it may not be possible for rescue forces to be everywhere immediately. Then it is crucial that you can help yourself first.

Therefore, take time to think about your personal emergency planning and keep this information to hand, in order to be able to access it quickly in case of an emergency!

Kind regards,
Dr Christian Scharpf

Emergency preparedness

Especially in a city like Ingolstadt, we don't really need significant levels of personal provisions; after all, there's food and all the daily necessities next door in the supermarket, medicine in the pharmacy, water from the tap and the electricity from the socket.

In the event of major disasters, however, this supply may be impaired or may fail altogether for a short time. In such cases, the right precaution is crucial. According to the Federal Office of Civil Protection and Disaster Assistance, every citizen should have a supply of food and drinks for ten days at home.

In addition, there are other helpful things that should not be missing:

Liquids 2 litres of water per day and person

Shelf stable food

e.g. pasta, rice, bread, potatoes, nuts, etc.

- **Battery-operated radio or crank radio**

- **Medicine cabinet**

First aid kit, painkillers, disinfection, medicines, etc.

- **Hygiene articles**

Soap, detergent, toothbrush, toothpaste, toilet paper, etc.

Helpful to have

Batteries, candles, lighter, torch, camping cooker, etc.

Cash, blankets and warm clothes

Supplies for pets if necessary

A complete emergency preparedness checklist is available at www.bbk.bund.de

How are warnings issued?

In the event of an (impending) disaster, the population of Ingolstadt is warned and informed via several channels:

Siren warning system

Rising and falling wailing tone, one minute

Mobile warning system via apps such as “NINA” and “KatWarn”

Announcements from fire engines

Cell-Broadcast via text message (under construction)

Website of the City of Ingolstadt (www.ingolstadt.de)

Social media presence for the City of Ingolstadt

www.instagram.com/ingolstadt_in

www.facebook.com/ingolstadt

www.twitter.com/ingolstadt_in

Radio announcements

(possibly use a car radio or battery-operated radio)

Important: Take these warnings seriously, and notify your family and neighbours too!

What to do in case of danger?

Storm

- Avoid unprotected outdoor places and open terrain
- Seek shelter indoors
- Whoever is at home should stay there Close windows and doors
- Secure loose objects outdoors Protect and reassure pets
- Avoid lower-lying areas during heavy rainfall (cellars, underground garages)

Fire

- Dial emergency call
- Only attempt to extinguish if there is no danger (switch off the power beforehand)
- Do not extinguish fires involving liquid fuels with water Do not enter smoke-filled rooms
- Warning other people, neighbours
- Use staircase for escape, no lifts

Power failure

- Stay at home if possible Conserve water
- Use blankets and warm clothing in case of heating failure
- Use candles and torch as light sources Use camping cooker outdoors for cooking
- Track information on car radio, battery radio or crank radio.

Flood

- Close doors and windows,
- protect against the ingress of water (e.g. sandbags)
- Do not enter cellars and underground garages -
Switch off electricity (remove fuses)
- Have emergency bags ready for evacuation
- Observe instructions and barriers
- Help others but do not put yourself in danger

Emergency numbers

Police: 110

Fire brigade: 112

Rescue service: 112

Medical on-call service: 116 117

Conduct after the incident

- If someone is injured, administer first aid or dial the emergency number
- Help neighbours and/or elderly people
- Do not obstruct emergency and rescue services
- Take care when entering flooded cellars or garages
- Do not use electrical appliances that have become wet
- If the building or roof is damaged, do not re-enter until it has been cleared
- Damage logging

Procedure in the event of administering first aid

- Self-protection (e.g. in road traffic, high-visibility waistcoat and warning triangle, etc.)
- Dial emergency call (112)
- Answer key questions accurately
- Check casualty for vital signs, check consciousness and breathing
- In case of sufficient, regular breathing: stable lateral position
- If breathing is not present: resuscitation / cardiac massage
- Stopping bleeding, combating shocks
- Care for non-life-threatening injuries

Further information on emergency preparedness and correct behaviour in crisis situations is offered by the Federal Office of Civil Protection and Disaster Assistance on the Internet at www.bbk.bund.de

"Katastrophenschutz-Leuchttürme" (disaster control lighthouses)

As a result of power failures, major emergencies or other disasters, the public telecommunications infrastructure may fail. The City of Ingolstadt has, therefore, designated so-called "Katastrophenschutz-Leuchttürme" (disaster control lighthouses), which in crisis situations serve as a contact point for the public.

The lighthouses can be activated at a total of 20 locations throughout the city, with the locations chosen so that every resident of Ingolstadt can find a lighthouse near their home.

The disaster control lighthouses will be set up in 17 fire stations of the volunteer fire brigade, in the city's old town ("Altstadt") at the New Town Hall ("Rathaus") and in the Pius- and Konradviertel district centres.

These buildings are supplied with emergency power and have a fail-safe communication link to the control centres of the fire brigade, rescue service and police.

Your point of contact in crisis situations

In the event of a crisis, the lighthouses serve as a central contact point for the population to make emergency calls, find out about the current situation or receive instructions on what to do.

The staff unit comprises members of the volunteer fire brigade, by the Johanniter Unfallhilfe and the Malteser Hilfsdienst. It receives support from staff from the city administration and the district centres.

A widespread, long-lasting negative event cannot be managed without the active participation of the population. The disaster control lighthouses ("Katastrophenschutz-Leuchttürme") are, therefore, also a focal point for the coordination of neighbourhood assistance and mutual support.

The lighthouses can be used as:

- a contact point for the population in the event of a crisis
- Emergency call point (in case of communication failure)
- Information to the population (Questions, info, tips on appropriate conduct)

Locations for the coordination of neighbourhood assistance and mutual support

Feuerwehrhaus Gerolfing (Barthlgasserstraße 7, 85049 Ingolstadt)
Feuerwehrhaus Dünzlau (Mühlackerweg 2, 85049 Ingolstadt)
Feuerwehrhaus Mühlhausen (Schustergaßl 2, 85049 Ingolstadt)
Feuerwehrhaus Pettenhofen (Moosweg 9, 85049 Ingolstadt)
Feuerwehrhaus Irgertsheim (Erchanstraße 36, 85049 Ingolstadt)
Feuerwehrhaus Friedrichshofen (Friedrichshofener Straße 26c, 85049 Ingolstadt)
Feuerwehrhaus Etting (Faberstraße 9, 85053 Ingolstadt)
Feuerwehrhaus Haunstadt (Weckenweg 25, 85055 Ingolstadt)
Feuerwehrhaus Mailing (Am Seitweg 24, 85055 Ingolstadt)
Stadtteiltreff Konradviertel (Oberer Taubentalweg 65, 85055 Ingolstadt)
Stadtteiltreff Piusviertel (Pfitznerstraße 19a, 85057 Ingolstadt)
Neues Rathaus (Rathausplatz 4, 85049 Ingolstadt)
Feuerwehrhaus Haunwöhr (Oberfeldstraße 6, 85051, Ingolstadt)
Feuerwehrhaus Hundszell (Kirchstraße 23, 85051 Ingolstadt)
Feuerwehrhaus Hagau (Rosenschwaigstraße 105, 85051 Ingolstadt)
Feuerwehrhaus Zuchering (Am Kühlhaus 4, 85051 Ingolstadt)
Feuerwehrhaus Brunnenreuth (Robert-Koch-Straße 58, 85051 Ingolstadt)
Feuerwehrhaus Unsernherrn (Karl-Theodor-Straße 7, 85051 Ingolstadt)
Feuerwehrhaus Ringsee (Dahlienstraße 6, 85053 Ingolstadt)
Feuerwehrhaus Rothenturm (Unsernherrner Straße 31a, 85053 Ingolstadt)

Stadt Ingolstadt, Rathausplatz 2, 85049 Ingolstadt

Presse- und Informationsamt

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